

# Veteran NM 2017

## Stevnerapport

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Navn: Veteran NM 2017  
Sted: Knarvik Stadion  
Arrangør: FIL AKS-77  
Dato: 23.06.2017 - 25.06.2017  
Dag:  
  
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Kommentar

# Veteran NM 2017

## Resultatliste

25.06.2017

### **KV 35-39**                      **400 m**

#### Heat: 1

233 Christine R Revheim                      (80) Varegg Fleridrett                      1,03,80

### **KV 40-44**                      **400 m**

#### Heat: 1

227 Anne Lillegård                      (73) Ullensaker/Kisa IL Friid                      1,09,14

### **KV 40-44**                      **5000 m**

#### Heat: 1

1      53 Målfrid Hermansen Valdersnes                      (76) Fil Aks-77                      19,53,87

### **KV 45-49**                      **400 m**

#### Heat: 1

192 Rubi Maria Semb                      (72) Ski IL Friidrett                      1,17,80

### **KV 45-49**                      **5000 m**

#### Heat: 1

1      236 Hanne Elisabeth Liland                      (69) Varegg Fleridrett                      2,16,24  
2      16 Ragnhild Lie Anderson                      (69) BFG Bergen Løpeklub                      19,17,51

### **KV 45-49**                      **Tresteg**

137 Jeanette Svanberg Eliassen                      (68) Larvik Turn & IF                      7,55  
2,1      0,7      1,8      2,6      2,9      1,4  
7,55      6,76      6,05      6,52      6,10      7,10

### **KV 45-49**                      **Vektkast**

1      137 Jeanette Svanberg Eliassen                      (68) Larvik Turn & IF                      7,84  
7,84      6,96      7,56

### **KV 50-54**                      **400 m**

#### Heat: 1

139 Ragnhild Marie Gulvik                      (63) Larvik Turn & IF                      1,25,62

### **KV 50-54**                      **Tresteg**

158 Britt Eva Fauskanger Brurås                      (65) Norna-Salhus IL                      8,15  
2,6      1,9      0,9  
8,15      8,10      8,14

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### **KV 50-54**

#### **Tresteg**

### **KV 50-54**

#### **Vektkast**

|   |     |                             |      |                 |       |
|---|-----|-----------------------------|------|-----------------|-------|
| 1 | 158 | Britt Eva Fauskanger Brurås | (65) | Norna-Salhus IL | 12,34 |
|   |     | 11,69 12,34 12,29 11,94     |      | 12,08 11,90     |       |

### **KV 55-59**

#### **400 m**

#### **Heat: 1**

|    |            |      |                           |         |
|----|------------|------|---------------------------|---------|
| 99 | Kate Alnes | (61) | GTI Friidrettsklubb - gr. | 1,32,86 |
|----|------------|------|---------------------------|---------|

### **KV 55-59**

#### **80 m hekk**

#### **Heat: 1**

Vind: +1,0

|     |             |      |                  |       |
|-----|-------------|------|------------------|-------|
| 136 | Heidi Barth | (61) | Larvik Turn & IF | 15,98 |
|-----|-------------|------|------------------|-------|

### **KV 55-59**

#### **Tresteg**

|   |    |                     |      |                           |      |
|---|----|---------------------|------|---------------------------|------|
| 1 | 99 | Kate Alnes          | (61) | GTI Friidrettsklubb - gr. | 7,13 |
|   |    | 0,9 1,5 1,8 2,8     |      | 1,7                       |      |
|   |    | 6,49 6,91 6,78 6,65 |      | 7,13                      |      |

### **KV 55-59**

#### **Vektkast**

|   |     |                         |      |                           |       |
|---|-----|-------------------------|------|---------------------------|-------|
| 1 | 98  | Janice Astrid Flaathe   | (59) | GTI Friidrettsklubb - gr. | 11,84 |
|   |     | 11,84 11,15 10,74 11,40 |      | 11,45                     |       |
| 2 | 152 | Live Båsen              | (58) | Modum Friidrettsklubb     | 10,37 |
|   |     | 9,93 10,12 9,85 10,37   |      | 9,86                      |       |

### **KV 65-69**

#### **400 m**

#### **Heat: 1**

|    |              |      |              |         |
|----|--------------|------|--------------|---------|
| 60 | Bjørq Reknes | (52) | Florø Tog IF | 1,24,94 |
|----|--------------|------|--------------|---------|

### **KV 65-69**

#### **Tresteg**

|   |     |                        |      |            |      |
|---|-----|------------------------|------|------------|------|
| 1 | 174 | Randi Fredrikke Kleppe | (49) | Osterøy IL | 5,35 |
|   |     | 2,4 3,2 1,0 1,7        |      | 2,4 1,2    |      |
|   |     | 5,35 5,25 5,12 4,97    |      | 5,30 5,35  |      |

### **KV 65-69**

#### **Vektkast**

|   |     |               |      |                         |       |
|---|-----|---------------|------|-------------------------|-------|
| 1 | 224 | Grete Rivenes | (48) | Tønsberg Friidrettsklub | 10,85 |
|   |     | 10,85         |      | 10,80                   |       |

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### **KV 65-69**

#### **Vektkast**

### **KV 70-74**

#### **400 m**

##### **Heat: 1**

|     |                      |      |                  |         |
|-----|----------------------|------|------------------|---------|
| 244 | Oddbjørg Haakensveen | (45) | Veldre Friidrett | 1,24,88 |
|-----|----------------------|------|------------------|---------|

### **KV 70-74**

#### **5000 m**

##### **Heat: 1**

|   |     |                 |      |         |          |
|---|-----|-----------------|------|---------|----------|
| 1 | 154 | Marian Stenbakk | (44) | Moss IL | 25,50,51 |
|---|-----|-----------------|------|---------|----------|

### **KV 75-79**

#### **400 m**

##### **Heat: 1**

|   |     |                        |      |           |         |
|---|-----|------------------------|------|-----------|---------|
| 1 | 181 | Eva Carlsen            | (40) | Ready     | 1,47,65 |
| 2 | 111 | Herborg Ninni Blakstad | (42) | Gular, IL | 1,52,78 |

### **MV 35-39**

#### **10 000 m**

##### **Heat: 1**

|   |     |                  |      |                          |          |
|---|-----|------------------|------|--------------------------|----------|
| 1 | 82  | Øyvind Loftås    | (80) | FRI IL                   | 34,57,44 |
| 2 | 130 | Per Erik Monsrud | (81) | Kongsvinger IL Friidrett | 34,57,55 |
| 3 | 133 | Jan Billy Aas    | (82) | Kråkstad IL              | 38,56,42 |

### **MV 35-39**

#### **1500 m**

##### **Heat: 1**

|   |    |                  |      |               |         |
|---|----|------------------|------|---------------|---------|
| 1 | 70 | Jon Are Sundland | (78) | FRI IL        | 4,37,06 |
| 2 | 3  | Christer Vonheim | (79) | Ask Friidrett | 4,50,99 |

### **MV 35-39**

#### **400 m**

##### **Heat: 1**

|   |    |                   |      |        |       |
|---|----|-------------------|------|--------|-------|
| 1 | 62 | Bjørnar Pettersen | (81) | FRI IL | 55,47 |
|---|----|-------------------|------|--------|-------|

### **MV 35-39**

#### **Spyd**

|   |       |               |       |             |       |
|---|-------|---------------|-------|-------------|-------|
| 1 | 133   | Jan Billy Aas | (82)  | Kråkstad IL | 24,12 |
|   | 23,01 | 20,39         | 21,54 | 24,12       | 23,60 |

### **MV 35-39**

#### **Vektkast**

|   |       |                      |       |                 |       |
|---|-------|----------------------|-------|-----------------|-------|
| 1 | 144   | Kjetil Reistad Aasen | (82)  | Løten Friidrett | 13,69 |
|   | 13,47 | 13,03                | 13,69 | 13,42           |       |

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### **MV 40-44** 10 000 m

#### Heat: 1

|   |     |                |      |            |          |
|---|-----|----------------|------|------------|----------|
| 1 | 171 | Kjetil Monstad | (73) | Osterøy IL | 33,52,63 |
|---|-----|----------------|------|------------|----------|

### **MV 40-44** 1500 m **1340**

#### Heat: 1

|   |     |                       |      |                   |         |
|---|-----|-----------------------|------|-------------------|---------|
| 1 | 238 | Karl-Magnus Tobiassen | (75) | Varegg Fleridrett | 4,51,66 |
| 2 | 232 | Christian Holter      | (75) | Varegg Fleridrett | 4,52,70 |
| 3 | 141 | David Andreas Eddie   | (75) | Loddefjord IL     | 4,57,32 |

### **MV 40-44** 400 m

#### Heat: 1

|   |     |                  |      |                       |         |
|---|-----|------------------|------|-----------------------|---------|
| 1 | 90  | Jon Hauge        | (74) | Gloppen Friidrettslag | 56,67   |
| 2 | 232 | Christian Holter | (75) | Varegg Fleridrett     | 1,04,15 |

### **MV 40-44** Spyd

|   |     |                    |      |             |       |
|---|-----|--------------------|------|-------------|-------|
| 1 | 46  | Endre Reigstad     | (74) | Fil Aks-77  | 40,24 |
|   |     | 40,24              |      | 39,60       |       |
| 2 | 29  | Anders Eidsnes     | (73) | Eikanger IL | 38,03 |
|   |     | 34,05 35,24 36,92  |      | 34,06 38,03 |       |
| 3 | 248 | Sigbjørn Tveiterås | (74) | Voss IL     | 26,97 |
|   |     | 26,97 26,27        |      |             |       |

### **MV 40-44** Tresteg

|   |    |                         |      |             |       |
|---|----|-------------------------|------|-------------|-------|
| 1 | 33 | Geir André Bjørsvik     | (76) | Eikanger IL | 11,46 |
|   |    | 1,1 1,8 1,0 0,0         |      | 0,1         |       |
|   |    | 10,58 11,20 11,36 11,46 |      | 11,07       |       |

### **MV 40-44** Vektkast

|   |     |                    |      |               |       |
|---|-----|--------------------|------|---------------|-------|
| 1 | 46  | Endre Reigstad     | (74) | Fil Aks-77    | 12,30 |
|   |     | 11,66 12,30        |      | 12,00         |       |
| 2 | 200 | John Kvisvik       | (77) | Straumsnes IL | 7,46  |
|   |     | 7,46               |      |               |       |
| 3 | 248 | Sigbjørn Tveiterås | (74) | Voss IL       | 6,14  |
|   |     | 6,14               |      |               |       |

### **MV 45-49** 1500 m

#### Heat: 1

|   |     |                             |      |                |         |
|---|-----|-----------------------------|------|----------------|---------|
| 1 | 194 | Bjørn Steinar Olden Nedrebø | (72) | Sola Friidrett | 4,43,19 |
| 2 | 195 | Torbjørn Aareskjold         | (71) | Sola Friidrett | 4,59,30 |

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### **MV 45-49**                      **400 m**

#### Heat: 1

|   |     |                     |      |                          |         |
|---|-----|---------------------|------|--------------------------|---------|
| 1 | 118 | Kjell Vidar Norheim | (69) | Hattfjelldal IL Fridrett | 57,51   |
| 2 | 58  | Yngve Endal         | (70) | Fil Aks-77               | 1,05,64 |

### **MV 45-49**                      **Spyd**

|   |     |                                  |      |                |       |
|---|-----|----------------------------------|------|----------------|-------|
| 1 | 212 | Bjørn Arne Kristiansen           | (68) | Tjalve, IK     | 51,57 |
|   |     | 51,57                            |      |                |       |
| 2 | 209 | Tommy Dale                       | (71) | Sømna IL       | 42,64 |
|   |     | 39,41    37,27    41,17    37,41 |      | 39,35    42,64 |       |
| 3 | 216 | Oddmund Tveit Heir               | (71) | Torodd IF      | 41,73 |
|   |     | 38,27    37,38    40,90          |      | 41,54    41,73 |       |
| 4 | 135 | Øyvind Litland                   | (72) | Laksevåg TIL   | 32,13 |
|   |     | 30,37    32,13                   |      | 30,14          |       |

### **MV 45-49**                      **Tresteg**

|   |     |                     |      |                          |       |
|---|-----|---------------------|------|--------------------------|-------|
| 1 | 118 | Kjell Vidar Norheim | (69) | Hattfjelldal IL Fridrett | 10,83 |
|   |     | 0,8                 |      |                          |       |
|   |     | 10,83               |      |                          |       |

### **MV 45-49**                      **Vektkast**

|   |     |                                  |      |                      |       |
|---|-----|----------------------------------|------|----------------------|-------|
| 1 | 78  | Stein Fossen                     | (68) | FRI IL               | 11,65 |
|   |     | 11,23    11,58    10,99    10,98 |      | 11,65                |       |
| 2 | 217 | Ole Johan Heir                   | (68) | Torodd IF            | 10,36 |
|   |     | 9,51    8,98    10,36            |      | 10,31                |       |
| 3 | 23  | Richard Smitt-Ingebretsen        | (71) | Bøler IF - Friidrett | 5,98  |
|   |     |                                  |      | 5,98                 |       |

### **MV 50-54**                      **10 000 m**

#### Heat: 1

|   |     |               |      |                   |          |
|---|-----|---------------|------|-------------------|----------|
| 1 | 56  | Svein Glomnes | (67) | Fil Aks-77        | 33,20,33 |
| 2 | 240 | Paal Andersen | (64) | Varegg Fleridrett | 39,05,90 |

### **MV 50-54**                      **100 m hekk**

#### Heat: 1

Vind: -0,1

|     |            |      |           |       |
|-----|------------|------|-----------|-------|
| 204 | Frode Holt | (64) | Sturla IF | 15,62 |
|-----|------------|------|-----------|-------|

### **MV 50-54**                      **1500 m**

#### Heat: 1

|   |     |                   |      |                           |         |
|---|-----|-------------------|------|---------------------------|---------|
| 1 | 102 | Tor Eiane         | (67) | GTI Friidrettsklubb - gr. | 4,32,44 |
| 2 | 72  | Knut Arve Engesæt | (64) | FRI IL                    | 5,55,65 |

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### **MV 50-54**                      **400 m**

#### Heat: 1

|   |     |                   |      |                   |         |
|---|-----|-------------------|------|-------------------|---------|
| 1 | 204 | Frode Holt        | (64) | Sturla IF         | 1,00,47 |
| 2 | 222 | Geir Jonny Kaasen | (64) | Tyrving IL        | 1,01,10 |
| 3 | 168 | Helge Tysse       | (64) | Osterøy IL        | 1,05,20 |
| 4 | 240 | Paal Andersen     | (64) | Varegg Fleridrett | 1,05,79 |
| 5 | 72  | Knut Arve Engesæt | (64) | FRI IL            | 1,15,42 |

### **MV 50-54**                      **Spyd**

|   |       |                        |       |                           |       |
|---|-------|------------------------|-------|---------------------------|-------|
| 1 | 101   | Marius Gannsen         | (64)  | GTI Friidrettsklubb - gr. | 47,93 |
|   | 47,40 | 47,93                  | 45,08 | 47,78                     |       |
| 2 | 112   | Kjell Nicolay Landmark | (63)  | Gular, IL                 | 35,79 |
|   | 29,71 | 25,39                  | 35,17 | 35,79                     |       |

### **MV 50-54**                      **Tresteg**

|   |       |            |       |           |       |
|---|-------|------------|-------|-----------|-------|
| 1 | 204   | Frode Holt | (64)  | Sturla IF | 11,23 |
|   | 0,6   | 1,6        | 0,2   | 1,6       |       |
|   | 10,86 | 11,23      | 11,13 | 11,04     |       |

### **MV 50-54**                      **Vektkast**

|   |       |                |       |                         |       |
|---|-------|----------------|-------|-------------------------|-------|
| 1 | 225   | Iver Hytten    | (66)  | Tønsberg Friidrettsklub | 19,38 |
|   | 18,03 | 18,75          | 18,33 | 18,83                   | 19,38 |
| 2 | 205   | Tore Vaagen    | (66)  | Sundal II Friidrett     | 16,94 |
|   | 15,38 | 16,94          |       |                         |       |
| 3 | 142   | Torrey Enoksen | (63)  | Lyngdal IL              | 14,52 |
|   | 14,32 | 14,21          | 14,02 | 14,52                   | 14,39 |
|   |       |                |       | 14,15                   |       |

### **MV 55-59**                      **10 000 m**

#### Heat: 1

|   |    |             |      |             |          |
|---|----|-------------|------|-------------|----------|
| 1 | 30 | Arvid Hauge | (60) | Eikanger IL | 45,56,09 |
|---|----|-------------|------|-------------|----------|

### **MV 55-59**                      **100 m hekk**

Vind: -0,1

|     |                 |      |              |       |
|-----|-----------------|------|--------------|-------|
| 134 | Tor Inge Vikane | (62) | Laksevåg TIL | 18,36 |
|-----|-----------------|------|--------------|-------|

### **MV 55-59**                      **1500 m**

#### Heat: 1

|   |     |                       |      |                   |         |
|---|-----|-----------------------|------|-------------------|---------|
| 1 | 178 | Øivind Bernes         | (58) | Osterøy IL        | 5,08,90 |
| 2 | 34  | Helge Færø            | (60) | Eikanger IL       | 5,12,12 |
| 3 | 239 | Magne Aunebakk        | (62) | Varegg Fleridrett | 5,16,91 |
| 4 | 44  | Arild Gisle Tveranger | (62) | Fil Aks-77        | 5,18,81 |
| 5 | 30  | Arvid Hauge           | (60) | Eikanger IL       | 5,38,61 |
| 6 | 198 | Rolf Birger Karlsen   | (61) | Stovnerkameratene | 5,49,39 |

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### **MV 55-59** 1500 m

### **MV 55-59** 400 m

#### Heat: 1

|     |                    |      |               |         |
|-----|--------------------|------|---------------|---------|
| 123 | Johnny Solheimsnes | (58) | Jølster IL    | 1,06,79 |
| 2   | Bjørn Fluge        | (60) | Ask Friidrett | 1,02,85 |
| 134 | Tor Inge Vikane    | (62) | Laksevåg TIL  | DNS     |
| 172 | Kurt Einar Vatle   | (59) | Osterøy IL    | 1,09,86 |

### **MV 55-59** Spyd

|       |                  |       |               |       |
|-------|------------------|-------|---------------|-------|
| 247   | Asbjørn Sandåker | (59)  | Vindbjart, IL | 30,24 |
| 30,24 | 29,56            | 27,84 | 27,79         | 30,09 |
| 30    | Arvid Hauge      | (60)  | Eikanger IL   | 23,22 |
| 17,14 | 19,62            | 23,22 | 20,73         |       |

### **MV 55-59** Tresteg

|   |      |             |      |             |      |
|---|------|-------------|------|-------------|------|
| 1 | 30   | Arvid Hauge | (60) | Eikanger IL | 7,50 |
|   | 0,2  | 1,0         |      |             |      |
|   | 6,76 | 6,89        | 1,1  | 0,0         |      |
|   |      |             | 7,50 | 7,48        |      |

### **MV 55-59** Vektkast

|   |       |                   |       |             |       |
|---|-------|-------------------|-------|-------------|-------|
| 1 | 1     | Bjørn Arild Sande | (61)  | Aremark IF  | 13,60 |
|   | 13,32 | 13,47             | 13,09 | 13,60       |       |
| 2 | 30    | Arvid Hauge       | (60)  | Eikanger IL | 7,98  |
|   | 7,16  | 7,98              |       |             |       |

### **MV 60-64** 100 m hekk

#### Heat: 1

Vind: +3,2

|     |               |      |                          |       |
|-----|---------------|------|--------------------------|-------|
| 132 | Einar Uleberg | (53) | Kristiansands IF-Friidre | 26,48 |
|-----|---------------|------|--------------------------|-------|

### **MV 60-64** 1500 m

#### Heat: 1

|   |     |              |      |              |         |
|---|-----|--------------|------|--------------|---------|
| 1 | 145 | Aksel Øvshus | (53) | Mjøsdalen IL | 5,41,56 |
|---|-----|--------------|------|--------------|---------|

### **MV 60-64** 400 m

#### Heat: 1

|   |     |                         |      |               |         |
|---|-----|-------------------------|------|---------------|---------|
| 1 | 203 | Stig Wemundstad         | (57) | Strindheim il | 1,00,76 |
| 2 | 250 | Asle Benoni             | (57) | Ås IL         | 1,03,46 |
| 3 | 13  | Arild Sigmund Austrheim | (56) | Austrheim IL  | 1,06,18 |



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### **MV 60-64** 5000 m

#### Heat: 1

|   |     |                     |      |                          |          |
|---|-----|---------------------|------|--------------------------|----------|
| 1 | 32  | Einar Færø          | (56) | Eikanger IL              | 18,57,05 |
| 2 | 129 | Jan Monsrud         | (55) | Kongsvinger IL Friidrett | 19,13,11 |
| 3 | 150 | Arne Skretteberg    | (55) | Modum Friidrettsklubb    | 20,39,94 |
| 4 | 120 | Inge Asbjørn Haugen | (53) | Hornindal IL             | 24,36,33 |

### **MV 60-64** Spyd

|   |     |                   |      |                           |       |       |       |       |       |       |
|---|-----|-------------------|------|---------------------------|-------|-------|-------|-------|-------|-------|
| 1 | 103 | Tore Drange       | (56) | GTI Friidrettsklubb - gr. | 37,29 | 35,25 | 31,11 | 31,70 | 34,71 | 37,29 |
| 2 | 183 | Odd Keilen        | (53) | Rosendal TL               | 34,42 | 33,36 | 34,42 | 33,33 |       | 34,42 |
| 3 | 163 | Arve David Keilen | (56) | Olderdalen IK             | 22,09 | 20,20 | 22,09 | 20,13 |       | 22,09 |

### **MV 60-64** Tresteg

|   |    |                     |      |               |      |     |     |     |     |     |     |      |      |      |      |      |      |
|---|----|---------------------|------|---------------|------|-----|-----|-----|-----|-----|-----|------|------|------|------|------|------|
| 1 | 25 | Kjell Olav Storflor | (55) | Dalebrand, IL | 9,47 | 1,0 | 1,1 | 0,8 | 0,8 | 0,0 | 2,0 | 9,34 | 9,01 | 9,14 | 9,36 | 9,47 | 9,19 |
|---|----|---------------------|------|---------------|------|-----|-----|-----|-----|-----|-----|------|------|------|------|------|------|

### **MV 60-64** Vektkast

|   |     |                   |      |                           |       |      |       |       |       |       |  |
|---|-----|-------------------|------|---------------------------|-------|------|-------|-------|-------|-------|--|
| 1 | 103 | Tore Drange       | (56) | GTI Friidrettsklubb - gr. | 10,74 | 9,78 | 10,65 | 10,22 | 10,02 | 10,74 |  |
| 2 | 163 | Arve David Keilen | (56) | Olderdalen IK             | 9,00  | 8,69 | 9,00  |       |       | 8,59  |  |
| 3 | 132 | Einar Uleberg     | (53) | Kristiansands IF-Friidre  | 7,00  | 7,00 | 6,96  |       |       |       |  |

### **MV 65-69** 100 m hekk

#### Heat: 1

Vind: +3,2

|    |                      |      |           |       |
|----|----------------------|------|-----------|-------|
| 59 | Erling Arnfinn Bleie | (48) | Finnøy IL | 19,83 |
|----|----------------------|------|-----------|-------|

### **MV 65-69** 1500 m

#### Heat: 1

|   |    |                    |      |               |         |
|---|----|--------------------|------|---------------|---------|
| 1 | 51 | Karl Vågstøl       | (51) | Fil Aks-77    | 5,27,81 |
| 2 | 24 | Hermann M Storflor | (51) | Dalebrand, IL | 5,53,73 |

### **MV 65-69** 400 m

#### Heat: 1

|   |     |                 |      |             |         |
|---|-----|-----------------|------|-------------|---------|
| 1 | 249 | Arne Ove Opheim | (50) | Ålesund FIK | 1,09,43 |
| 2 | 47  | Eugen Lillelid  | (52) | Fil Aks-77  | 1,09,72 |
| 3 | 55  | Svein Fammestad | (48) | Fil Aks-77  | 1,11,06 |

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### **MV 65-69** 400 m

### **MV 65-69** 5000 m

#### Heat: 1

|   |     |                                      |      |                 |          |
|---|-----|--------------------------------------|------|-----------------|----------|
| 1 | 43  | Alf Sverre Fjeldstad                 | (50) | Fil Aks-77      | 20,56,05 |
| 2 | 251 | Ivar Egeberg                         | (50) | blaker IL       | 21,41,55 |
| 3 | 8   | Oddvar Asbjørn Berntsen              | (49) | Ask Friidrett   | 21,53,98 |
| 4 | 191 | Arvid Syrstad                        | (49) | Skaun IL        | 22,00,79 |
| 5 | 127 | Einar Gisle Mønter Karinthy Sellevol | (51) | Klypetussen, IF | 33,13,55 |

### **MV 65-69** Spyd

|   |     |                         |      |              |       |
|---|-----|-------------------------|------|--------------|-------|
| 1 | 189 | Kjell Viggo Adamski     | (50) | Sarpsborg IL | 35,91 |
|   |     | 31,13 34,54 35,73 33,23 |      | 35,87 35,91  |       |
| 2 | 184 | Oddbjørn Bergheim       | (50) | Samhald IL   | 33,61 |
|   |     | 29,13 31,53 33,61       |      |              |       |
| 3 | 45  | Arne Reigstad           | (50) | Fil Aks-77   | 30,43 |
|   |     | 29,43 30,06 29,93       |      | 30,43        |       |

### **MV 65-69** Tresteg

|   |     |                      |      |            |      |
|---|-----|----------------------|------|------------|------|
| 1 | 59  | Erling Arnfinn Bleie | (48) | Finnøy IL  | 8,79 |
|   |     | 0,0 0,2 1,4          |      |            |      |
|   |     | 8,79 8,61 8,63       |      |            |      |
| 2 | 184 | Oddbjørn Bergheim    | (50) | Samhald IL | 7,14 |
|   |     | 0,2 0,2              |      |            |      |
|   |     | 6,61 7,14            |      |            |      |
| 3 | 42  | Petter Inge Bergheim | (48) | Fiksdal IL | 5,89 |
|   |     | 0,3 0,0 1,7          |      |            |      |
|   |     | 5,89 5,72 5,72       |      |            |      |

### **MV 65-69** Vektkast

|   |     |                         |      |                           |       |
|---|-----|-------------------------|------|---------------------------|-------|
| 1 | 189 | Kjell Viggo Adamski     | (50) | Sarpsborg IL              | 14,19 |
|   |     | 13,44 14,19             |      | 13,48                     |       |
| 2 | 45  | Arne Reigstad           | (50) | Fil Aks-77                | 11,85 |
|   |     | 11,72 11,69 11,30 11,85 |      | 11,59                     |       |
| 3 | 104 | Tore Macody Lund        | (48) | GTI Friidrettsklubb - gr. | 11,23 |
|   |     | 10,34                   |      | 11,23                     |       |

### **MV 70-74** 1500 m

#### Heat: 1

|   |     |                  |      |                       |         |
|---|-----|------------------|------|-----------------------|---------|
| 1 | 5   | Johan Bergersen  | (46) | Ask Friidrett         | 5,59,63 |
| 2 | 169 | John Arne Bernes | (44) | Osterøy IL            | 6,00,67 |
| 3 | 93  | Magne Tystad     | (45) | Gloppen Friidrettslag | 6,26,78 |

### **MV 70-74** 400 m

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### **MV 70-74**      **400 m**

#### Heat: 1

|   |     |                 |      |               |         |
|---|-----|-----------------|------|---------------|---------|
| 1 | 88  | Arne Warem      | (46) | Gjesdal IL    | 1,10,29 |
| 2 | 5   | Johan Bergersen | (46) | Ask Friidrett | 1,12,28 |
| 3 | 52  | Magnar Løvik    | (47) | Fil Aks-77    | 1,16,56 |
| 4 | 105 | Arne Spurkeland | (47) | Gular, IL     | 1,18,63 |

### **MV 70-74**      **5000 m**

#### Heat: 1

|   |     |                         |      |             |          |
|---|-----|-------------------------|------|-------------|----------|
| 1 | 116 | Per Magne Skaar         | (47) | Gular, IL   | 25,15,94 |
| 2 | 66  | Harry Tunestveit        | (43) | FRI IL      | 25,16,29 |
| 3 | 245 | Arvid Johannes Bjørsvik | (43) | Viking, TIF | 25,17,01 |
| 4 | 117 | Thor Thorsen            | (45) | Gular, IL   | 25,46,22 |

### **MV 70-74**      **80 m hekk**

#### Heat: 1

Vind: +2,6

|   |    |                    |      |            |       |
|---|----|--------------------|------|------------|-------|
| 1 | 88 | Arne Warem         | (46) | Gjesdal IL | 15,24 |
| 2 | 68 | Jan Kristian Olsen | (47) | FRI IL     | 24,78 |

### **MV 70-74**      **Spyd**

|   |     |   |      |                  |       |
|---|-----|---|------|------------------|-------|
| 1 | 243 | Gunnar Helstad                          | (47) | Veldre Friidrett | 38,79 |
|   |     | 33,43    37,39    38,00    38,00        |      | 38,79            |       |
| 2 | 169 | John Arne Bernes                        | (44) | Osterøy IL       | 31,32 |
|   |     | 28,36    30,98    29,31    29,03        |      | 31,32    29,27   |       |
| 3 | 165 | Jan Norvald Borgen                      | (46) | Os Turnforening  | 28,08 |
|   |     | 25,01    23,63                          |      | 28,08            |       |
| 4 | 170 | Karl Johan Reigstad                     | (44) | Osterøy IL       | 25,80 |
|   |     | 21,01    25,59    24,30    25,80        |      | 24,11            |       |
| 5 | 106 | Arthur Johannes Lillefosse              | (44) | Gular, IL        | 20,47 |
|   |     | 20,06                    20,47    19,57 |      |                  |       |
| 6 | 199 | Tor Armand Olsen                        | (43) | Strandebarm IL   | 15,41 |
|   |     | 14,11                    15,41          |      |                  |       |

### **MV 70-74**      **Tresteg**

|   |     |                              |      |              |      |
|---|-----|------------------------------|------|--------------|------|
| 1 | 88  | Arne Warem                   | (46) | Gjesdal IL   | 8,64 |
|   |     | 0,1    0,1    0,7            |      |              |      |
|   |     | 8,38    8,28    8,64         |      |              |      |
| 2 | 68  | Jan Kristian Olsen           | (47) | FRI IL       | 8,14 |
|   |     | 0,2    0,6                   |      |              |      |
|   |     | 7,25    8,14                 |      |              |      |
| 3 | 211 | Svein Edmund Kristiansen     | (46) | Sørild FIK   | 7,95 |
|   |     | 1,5    1,1    0,1    0,5     |      | 2,3    -0,8  |      |
|   |     | 7,32    7,61    7,53    7,74 |      | 7,63    7,95 |      |
| 4 | 106 | Arthur Johannes Lillefosse   | (44) | Gular, IL    | 6,75 |
|   |     | 1,6    0,5    0,4    -0,1    |      | 0,0          |      |
|   |     | 6,60    6,72    6,75    6,35 |      | 6,65         |      |

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### MV 70-74

#### Vektkast

|   |     |                    |       |       |       |       |                       |       |
|---|-----|--------------------|-------|-------|-------|-------|-----------------------|-------|
| 1 | 138 | Jostein Myrvang    | 14,88 | 15,82 | 14,63 | 15,62 | (46) Larvik Turn & IF | 16,21 |
|   |     |                    |       |       |       |       | 16,21                 |       |
| 2 | 165 | Jan Norvald Borgen |       | 12,55 |       | 12,59 | (46) Os Turnforening  | 12,69 |
|   |     |                    |       |       |       |       | 12,69                 |       |
| 3 | 199 | Tor Armand Olsen   |       | 6,71  |       | 6,36  | (43) Strandebarm IL   | 6,76  |
|   |     |                    |       |       |       |       | 6,76                  |       |

### MV 75-79

#### 1500 m

##### Heat: 1

|   |    |                        |  |  |  |  |                |         |
|---|----|------------------------|--|--|--|--|----------------|---------|
| 1 | 21 | Tormod Indrehus Bønnes |  |  |  |  | (42) BUL, IL i | 6,09,65 |
|---|----|------------------------|--|--|--|--|----------------|---------|

### MV 75-79

#### 400 m

##### Heat: 1

|   |     |                     |  |  |  |  |                 |         |
|---|-----|---------------------|--|--|--|--|-----------------|---------|
| 1 | 121 | Kjell Hilmar Sagmyr |  |  |  |  | (42) Idun's IL  | 1,18,65 |
| 2 | 166 | Arne J Mjelde       |  |  |  |  | (42) Osterøy IL | 1,21,05 |
| 3 | 50  | Håkon Rongved       |  |  |  |  | (42) Fil Aks-77 | 1,29,36 |
| 4 | 230 | Kåre Magnar Holmen  |  |  |  |  | (39) Valder IL  | 1,31,74 |

### MV 75-79

#### 5000 m

##### Heat: 1

|   |     |                  |  |  |  |  |                    |          |
|---|-----|------------------|--|--|--|--|--------------------|----------|
| 1 | 201 | Hagbart Vebostad |  |  |  |  | (41) Strindheim il | 27,52,01 |
|---|-----|------------------|--|--|--|--|--------------------|----------|

### MV 75-79

#### Spyd

|   |     |                    |       |       |  |       |                             |       |
|---|-----|--------------------|-------|-------|--|-------|-----------------------------|-------|
| 1 | 230 | Kåre Magnar Holmen | 19,96 | 21,78 |  | 24,15 | (39) Valder IL              | 24,15 |
|   |     |                    |       |       |  |       | 22,66                       |       |
| 2 | 28  | Torbjørn Mong      | 20,65 | 23,88 |  | 23,88 | (40) Egersunds Idrettsklubb | 23,88 |
|   |     |                    |       |       |  |       | 21,45                       |       |

### MV 75-79

#### Tresteg

|   |     |                     |      |      |  |      |                |      |
|---|-----|---------------------|------|------|--|------|----------------|------|
| 1 | 121 | Kjell Hilmar Sagmyr | 1,2  | 1,5  |  | 1,2  | (42) Idun's IL | 7,44 |
|   |     |                     |      |      |  |      | 0,0            | -1,2 |
|   |     |                     | 6,75 | 7,12 |  | 7,44 | 7,39           | 7,42 |

### MV 75-79

#### Vektkast

|   |     |                   |       |       |       |       |                              |       |
|---|-----|-------------------|-------|-------|-------|-------|------------------------------|-------|
| 1 | 226 | Svein Arne Hytten | 13,29 | 13,20 | 12,60 | 12,78 | (40) Tønsberg Friidrettsklub | 13,29 |
| 2 | 61  | Alf Alsaker       |       |       |       | 11,45 | (39) FRI IL                  | 11,45 |
|   |     |                   |       |       |       |       | 11,39                        |       |
| 3 | 84  | Gunnar Bolset     | 9,78  | 10,53 |       |       | (39) Førde IL                | 10,53 |

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### MV 75-79

#### Vektkast

### MV 80-84

#### 1500 m

##### Heat: 1

|   |     |                    |      |            |         |
|---|-----|--------------------|------|------------|---------|
| 1 | 124 | Kjell Odd Steinset | (36) | Jølster IL | 7,00,96 |
|---|-----|--------------------|------|------------|---------|

### MV 80-84

#### 400 m

##### Heat: 1

|   |     |                        |      |                           |         |
|---|-----|------------------------|------|---------------------------|---------|
| 1 | 124 | Kjell Odd Steinset     | (36) | Jølster IL                | 1,20,63 |
| 2 | 97  | Andor Martin Sandsmark | (34) | GTI Friidrettsklubb - gr. | 1,37,64 |

### MV 80-84

#### 5000 m

##### Heat: 1

|   |     |             |      |           |          |
|---|-----|-------------|------|-----------|----------|
| 1 | 218 | Ivar Bølset | (36) | Triumf IL | 32,06,30 |
|---|-----|-------------|------|-----------|----------|

### MV 80-84

#### 80 m hekk

##### Heat: 1

Vind: +1,1

|   |     |                    |      |                         |         |
|---|-----|--------------------|------|-------------------------|---------|
| 1 | 185 | Kjartan Sølvsberg  | (36) | Sandefjord Turn & Idret | 17,19   |
| 2 | 22  | Jostein Haraldseid | (35) | Bækkelagets SK          | 2,13,07 |

### MV 80-84

#### Spyd

|   |     |                         |      |                          |       |
|---|-----|-------------------------|------|--------------------------|-------|
| 1 | 228 | John Arve Johansen      | (36) | Ullensaker/Kisa IL Friid | 24,51 |
|   |     | 22,78 23,50 24,43 23,64 |      | 24,51 23,94              |       |
| 2 | 221 | Endre Refsnes Nesheim   | (37) | Tyrving IL               | 23,74 |
|   |     | 22,15 23,07 21,37 21,10 |      | 23,74 18,79              |       |
| 3 | 197 | Ingvardt Karl Sandsund  | (34) | Steinkjer Friidrettsklub | 21,50 |
|   |     | 19,09 21,50 19,98 20,94 |      | 19,94                    |       |

### MV 80-84

#### Tresteg

|   |     |                     |      |                          |      |
|---|-----|---------------------|------|--------------------------|------|
| 1 | 228 | John Arve Johansen  | (36) | Ullensaker/Kisa IL Friid | 7,59 |
|   |     | 2,3 -0,2 0,5 0,9    |      |                          |      |
|   |     | 7,15 7,59 7,20 7,33 |      |                          |      |
| 2 | 185 | Kjartan Sølvsberg   | (36) | Sandefjord Turn & Idret  | 7,26 |
|   |     | 2,2 -0,2 0,7 1,6    |      | -0,3 -1,5                |      |
|   |     | 6,30 6,72 6,97 7,21 |      | 7,26 7,07                |      |
| 3 | 85  | Harald Klakegg      | (37) | Førde IL                 | 6,98 |
|   |     | 2,1 2,0 1,6 0,6     |      | -1,8                     |      |
|   |     | 6,72 6,74 6,74 6,98 |      | 6,62                     |      |

### MV 80-84

#### Vektkast

# Veteran NM 2017

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### MV 80-84

#### Vektkast

|   |    |                 |       |       |      |               |       |
|---|----|-----------------|-------|-------|------|---------------|-------|
| 1 | 83 | Audun Holme     |       |       | (36) | Førde IL      | 12,78 |
|   |    | 12,51           | 12,17 | 12,78 |      |               | 12,36 |
| 2 | 4  | Gunnar Tellevik |       |       | (33) | Ask Friidrett | 10,07 |
|   |    | 10,07           |       | 9,87  |      |               |       |

### MV 85-89

#### 400 m

##### Heat: 1

|   |     |              |  |  |      |            |         |
|---|-----|--------------|--|--|------|------------|---------|
| 1 | 160 | Arvid Fjærli |  |  | (32) | Norodd, IL | 1,54,57 |
|---|-----|--------------|--|--|------|------------|---------|

### MV 85-89

#### Spyd

|   |     |              |       |       |      |           |       |
|---|-----|--------------|-------|-------|------|-----------|-------|
| 1 | 114 | Leif Bjordal |       |       | (30) | Gular, IL | 20,81 |
|   |     | 19,57        | 20,81 | 19,39 |      |           |       |
| 2 | 208 | Aksel Arnøy  |       |       | (30) | Sømna IL  | 15,58 |
|   |     | 15,30        | 15,53 | 15,58 |      | 13,39     |       |

### MV 85-89

#### Tresteg

|   |     |                |      |      |      |            |      |
|---|-----|----------------|------|------|------|------------|------|
| 1 | 160 | Arvid Fjærli   |      |      | (32) | Norodd, IL | 6,04 |
|   |     | 2,0            | 0,0  |      |      |            |      |
|   |     | 6,04           | 6,02 |      |      |            |      |
| 2 | 161 | Harald Søbstad |      |      | (32) | Norodd, IL | 4,33 |
|   |     | 0,3            | 0,5  | 1,5  |      |            |      |
|   |     | 3,42           | 4,33 | 4,15 |      |            |      |

### MV 85-89

#### Vektkast

|   |     |                     |      |      |      |                         |      |
|---|-----|---------------------|------|------|------|-------------------------|------|
| 1 | 119 | Arne Sæther         |      |      | (31) | Heggedal Friidrettsklub | 9,28 |
|   |     | 9,28                | 8,54 |      |      |                         |      |
| 2 | 91  | Jørgen Monson Holme |      |      | (31) | Gloppen Friidrettslag   | 8,51 |
|   |     | 8,51                |      | 7,75 |      |                         |      |
| 3 | 161 | Harald Søbstad      |      |      | (32) | Norodd, IL              | 8,39 |
|   |     | 6,89                | 7,22 | 8,39 |      | 8,17                    | 8,08 |